

# THE CHRONICLE

*A Newsletter for the Residents of Canterbury Common*  
Port Perry, Ontario  
[www.canterburycommon.ca](http://www.canterburycommon.ca)



## **REPORT FROM YOUR BOARD**

Fall 2020  
Jim Brady, President

We have had quite a year with the Geranium development in full swing, with The Centre being closed and the COVID-19 virus insinuating itself into all our lives. We got through it and are stronger as a community as a result.

On August 29<sup>th</sup> and 30<sup>th</sup>, the Administration and Governance Committees combined their resources to deliver Fobs, By-Law No. 1 and the Protective Restrictions document to over 180 of our homeowners at The Centre. For most of our residents, this visit was the first time they had been in The Centre since the renovation and the completion of the extension project.

To a person, everyone was very impressed with the changes made. The comments were, "it is so bright and airy, the extension makes the view so much better, I love the way the floor looks, the main floor area looks so much bigger, I can't believe how nice it is, can't wait to get into the kitchen, it's just beautiful, can't believe how nice it is, never expected it to look like this, etc." As you can tell from the comments, everyone was delighted with the way The Centre turned out.

When you go into The Centre, you will see that the Canterbury Transition Committee (CTC) did an excellent job in blending aspects of Canterbury's past with more modern innovations to create a low maintenance, bright and airy facility, we can all enjoy. The first-class audio/visual equipment, the retractable wall and the luxury vinyl flooring throughout The Centre will all serve to improve the sound, sight and entertainment value while giving us the versatility we were seeking for our floor space for years to come.

A project of this magnitude does not happen without many people involved at the grassroots level and without strong support from our whole community. I want to thank all the volunteers for the many hours they dedicated to this formidable task; well done. It is also appropriate that we thank Geranium Corporation for their willingness to partner with the CTC after transitioning from a position of firm opposition to one of a joint partnership.

Another group we must thank for their assistance is the Township Development Services group headed by Kevin Heritage with Nick Dawkins and Jason Ryan. They provided excellent advice and support to us throughout the planning, negotiation, and building stages and were instrumental in expediting blockages' movement.

Before the COVID-19 situation, we had great plans in place for a community gathering to celebrate the opening and publicly recognize the many people who worked within and in conjunction with the CTC to make The Centre a reality. While it is disappointing that we cannot all gather together in one place right now, we can all take pleasure in knowing that someday, we can gather our "Canterbury Family" at The Centre in what we hope is the near future.

Our Centre is now valued at 3.5 million dollars. With the addition of the 21.467 acres of the previous golf course property and the influx of approximately 180 new residents over the next couple of years, we will have a population of close to 600; we can no longer consider ourselves a "small" operation. Now that we have a larger facility and greatly expanded property, going forward, it will be challenging to conduct business for the community in the same manner we have for the past 22 years.

*Continued on page 2*

Continued from page 1

Looking to the future of our community, and maintaining and developing the opportunities in our great but affordable lifestyle in Canterbury, your new Board of Directors, over the next couple of years, will be focused on developing the best management practices and exploring the feasibility of developing our new parcel of land.

With the arrival of the fall season, we find ourselves still being challenged as the results of the COVID-19 Pandemic restrictions. In closing, I hope that everyone will continue to stay safe and healthy and that we will soon be able to once more all come together to enjoy our community.

In this issue you will read about some changes to Compton Communications, about a scam focusing on seniors' property ownership and learn about Instagram and much more. Look for some of our regular features with Snippets of Port Perry History and guess who is featured in this issue's Blast From the Past.



## **BOARD COMMITTEE REPORTS**

### **ADMINISTRATION COMMITTEE**

Murray Smith, Chair

After 12 years of handling the affairs of the Admin treasurer, Michel LeLerc has decided to retire. With his experience he has been a valuable part of Admin. He will be missed by everyone on the Committee.

Ann Ball has volunteered to accept the open position. She also brings years of experience to the Committee.

I would like to thank Michel for his service and to welcome Ann to the Admin Committee.

### **COMMUNICATIONS COMMITTEE**

Nora Senechal, Chair

Over the last year, the Communications Committee team has done a fantastic job bringing you *The Chronicle*, the *CCRA Information Bulletin*, the website and introducing the neighbourhood to Instagram. Using Google Hangouts meetings, email, phone calls and a major committee shuffle where most committee members ended up with two or more responsibilities, this group of volunteers has gone the extra mile to make sure that you have been kept informed and entertained. At this time, I would like to thank everyone for all their hard work. I think you all have done an excellent job!

One thing we have not been able to address is the loss of our new neighbour profiles. Neil Simpson, a long-time neighbour, was the author of these interesting articles which introduced us to our new neighbours. The pictures included with these profiles helped us to put a name to a face – a bonus when meeting these new folks. If you think you would be interested in writing these profiles for *The Chronicle*, please contact us at [chronicle@canterburycommom.ca](mailto:chronicle@canterburycommom.ca) and join the team. We are always looking for new members on the committee.

### **FINANCE COMMITTEE**

Lee Maher, Chair

Nothing to report



# BOARD COMMITTEE REPORTS

## GOVERNANCE COMMITTEE

Gord Simmons, Chair

During the last 15 months there has been a considerable amount of building activity in the back yards of Canterbury, which surprised our committee. We issued 25 pre-approvals to start projects. During a normal building year, which traditionally runs from April through until the end of October, we have on average 8 to 10 projects on the go.

Several factors seem to have played a role in this busy time, the one most common is the age of the decking floor boards. Next in line is house sales, with new residents wanting to modernize their decks. The COVID-19 virus limited the availability of deck builders and the amount of lumber available, delayed some of the work. Even with these delays it has been a very busy year.

We were surprised to learn that the back yards of many properties on Waterbury Crescent are in a zone controlled by the Kawartha Conservation Authority (KRCA). Any type of construction and/or landscaping involving excavation requires a permit from KRCA, regardless of any requirement for a Township Building Permit. If surveys indicate that a property is under the jurisdiction of KRCA, then a Building Permit cannot be issued until the KRCA permit has been issued. In essence, if you have to dig or bore holes on one of these properties the Township will refer you to the KRCA prior to issuing you a Building Permit

In order to welcome our new residents moving into McCaw Court we will begin visiting them shortly after they arrive and introduce ourselves and the Protective Restrictions. These new residents have basically the same Protective Restrictions we have and we will be administering them in the same manner as we have been doing in Canterbury for many years.

Please remember to call one of the members of the Governance Committee before you start any outdoor projects and we will be pleased to assist you in determining if you need a pre-approval or help you in interpreting the Protective Restrictions guidelines.

## SOCIAL COMMITTEE

Birgit Pullen, Chair

We're BAAAACK! Well, sort of...

Keeping Covid restrictions in mind, approx. 60 residents joined our "Happy Hour in the Commons" on August 12th. It was great to re-connect and see a number of new faces that joined our community over the last few months. All were anxious to get to know each other and are looking forward to get-togethers in the new Centre, once we are allowed to do so. Many thanks to John and Sandy who offered the shade of their backyard tree so we could all keep cool. It was a wonderful afternoon!

## MUNICIPAL AFFAIRS

Dorothy Bull, Chair

There were two items brought to my attention since the last Board Meeting. The first item was specific to a curbside storm sewer in front of 4 South Garden Court. It was given a temporary fix some time ago but continues to sink and present a hazard in the community. At the time of writing, the repair has been still not been completed but I have been assured that it is on the works department agenda and will be taken care of shortly. I will follow up.

The second concern is shared by many of our community members. It is regarding dead and dying trees in Canterbury Common, of which there are many. I have been advised by the Parks department for the Township of Scugog, that a thorough inspection of our community was performed recently. A plan will be put in place and crews will remove and replace trees as soon as possible. However, there will be no further plantings this year due to budget restrictions. Trees that pose a threat, such as very large dead trees with possible falling branches, will be given priority. Please call me if you know of a tree that is such a threat. I will be happy to follow up and report back to you. In this way we can avoid several residents calling the municipal office about the same concern.

I look forward to serving our wonderful community. As a fairly recent addition to the Canterbury family I would like to say hello to long-term residents and to welcome other newcomers. I can now say first hand that volunteering and taking part is the best way to quickly make friends and feel at home.



## **CANTERBURY MEN'S GOLF**

George Clapham

The 2020 Canterbury Men's League golf season has been sensational despite the social distancing protocols and indoor mask requirements. Our summer has been hot, dry and perfect for golf. We are entering the final few weeks of our season and the club championship competition begins this week. It's hard to believe that another season will be ending soon.

Canterbury Men's Golf began shortly after the Canterbury Golf Course opened (circa 2000) and its exclusive members were all Canterbury Common residents. There were many wonderful years of walking to the golf course from your home pulling or pushing your golf cart and teeing off behind The Centre.

In September 2015, the golf course was sold to a developer with plans to build homes. Canterbury Men's League finished their 2015 season but would have to find a new home for the 2016 season.

Our league was welcomed to Sunnybrae Golf Club and as fate would have it, a Tuesday morning opening was available for the Canterbury Men's Golf League. We determined that our league would be losing members and in an attempt to maintain sufficient membership we decided to accept members from the local community. Most of our new members were friends or family of our Canterbury members and after five seasons we continue to attract new Canterbury and non-Canterbury members.

The 2020 season will be known as the season of the Pandemic and as we look forward to golf this fall, we hope that everyone stays safe and healthy.

## **SCRAMBLE GOLF & SOCIAL**

George Clapham

Scramble Golf and Social has become Scramble Golf only during our "2020 summer of COVID"; although some "social" still exists at the post golf "picnic tables social" at Crestwood Golf Club.

Planning for an end-of-season banquet at our new Centre is probably a non starter because of the many COVID safety considerations that must be followed; but we will have to wait to see if more restrictions will be lifted in the next several weeks.

Scramble Golf and Social has been a long time event for Canterbury residents and it is our hope that the 2021 Season will allow us to return to shotgun start for golf and evening catered dinners and events at our new Centre.

The Scramble golf for the 2020 season has seen many golfers return and several new golfers join our league. This season because of "social distancing" and golf cart "non-sharing" has meant that we cannot have a shotgun start but must use set tee times for groups to start their golf games.

COVID restrictions have also meant that many of our fun competitions have not been possible this season. Some of these include: mixing up the golf teams so that couples do not play together (restrictions have meant that couples play together every week), mens' and ladies' days (4-somes are unisex) and other combinations of players.

Hopefully, 2021 will be kind to Scramble Golf and Social and allow us all to interact without fear of catching or spreading a terrible virus.





OH MY THE COMPETITION IS GOOD



ANOTHER SUMMER OF GOLF

Photos: Cathy Spohn



# ACTIVITIES

## BOOK CLUB

Marilee Eagan



The CCRA Book Club began October 1999 and we have had many wonderful years reading some excellent books. It's been an unusual couple of years what with the construction at The Centre and the pandemic; but there may be some light at the end of the tunnel. We are hoping to resume meetings at The Centre as soon as it opens for group activities. For now, we are looking forward to discussing the books from our 2020 list beginning with *Educated* by Tara Westover on October 29. On November 26, we'll continue with *Born a Crime* by Trevor Noah; and start the new year with *The Quintland Sisters* by Shelley Wood. It's a story of the Dionne quintuplets from the perspective of a young midwife.

As we'll soon be choosing books for the remainder of 2021, we would welcome your recommendations and would love to see some new faces at our meetings.

We hope to see you soon, around the fireplace, in our beautiful new Centre.

## LIBRARY

Murray Smith

As most of you are aware, we have closed the library due to concerns over COVID-19. Many residents have expressed disappointment that they wouldn't have access, but were understanding of the reason why.

After talking with the Admin Committee and Lorna Zamulinski, we have come up with a solution.

We will make available two book deposit receptacles. Your returning books would be dropped into one container and it would be quarantined for a pre-determined period of time.

The second container would be available during this period and so on.

The books themselves will be wiped down prior to restocking them. We feel these precautionary steps will make our library safe for our residents.

As well, we will be moving our furniture around the fireplace into the library area on a temporary basis. Expect these changes to be made a few days after the AGM on Sept 23.

## BID EUCHRE & EUCHRE

Bev Bone

Until further notice the euchre and bid euchre games will be on hold. There will be notices when we can begin. Thanks for understanding.

## MIXED BRIDGE AND LADIES BRIDGE

Carol Hough

I have been advised by Jim Brady that the playing of bridge is still on hold until further notice. Maybe 2021 we will have a better understanding of the situation. Thanks for your patience.

## CRIB CLUB

Audrey Thompson



We are anxiously awaiting permission to start playing again on Thursdays at 7:00 p.m. (with safety modifications of course).

New players welcome!

Stay tuned and stay safe.

## MAH JONGG

Carol Sambrook

The plan is to play every Tuesday and Thursday at 1:00 p.m. New players are welcome. No money is involved.



## POWER WALKING

Hedi Hampel

We meet in The Centre Monday to Friday from 8:10 a.m. – 9:00 a.m. I am pleased to guide the "Power Walkers" five days a week as we exercise to a series of Leslie Sansone tapes engaging muscles of the upper and lower body.

This walking program improves range of motion, muscle conditioning and stretching to keep our bodies fit (and young?). No cost and no commitment.

Everyone Welcome.



## DUPLICATE BRIDGE

Doug Thiemann

Special Invitation to All New Residents and Snowbirds who may not go South this year. If you play Bridge and would like to play Duplicate with a very friendly group, please give me a call. We have lots of room for both regulars and spares. At this time we are not sure when we will start up due to COVID, but give me a call and I will let you know. We plan to play Friday afternoons starting at 1:30 p.m. For more information, contact Doug Thiemann at 985-4644.



## **THE CANTERBURY ARTISANS**

Birgit Pullen

Calling all Canterbury Artists!

Have you enjoyed art throughout your life and taken a variety of different courses? Would you like to experiment with different mediums, colours and techniques? Never held a paintbrush - but would love to give it a try? Then join the Canterbury Artisans for an afternoon of fun and sharing experiences with each other. We will be able to have an open studio in the lower level of The Centre on either Wednesdays or Thursdays.

Let me know if you are interested by contacting me at [birgit.pullen@gmail.com](mailto:birgit.pullen@gmail.com) and I will set up an information session to discuss how to best move forward. Looking forward to hearing from you!

## **CHANGES AT COMPTON COMMUNICATIONS**

Karen English

Many of you have been hearing the news for several years that Compton was bought out by Rogers. Up until now we have seen nothing more than a few Rogers trucks in the neighborhood. I have spoken to customer service at Rogers and they tell me that the conversion of equipment and accounts will probably happen by the end of this year. What does this mean to me?

Your Compton account will be deleted and you will need to set up a new Rogers account. You cannot create a Rogers email address without purchasing a Rogers product.

You will need to have your old cable TV equipment replaced with new equipment. It is smaller and faster and has a wider range of capabilities. Currently a technician is not able to enter your house due to COVID-19, but hopefully that will soon change. I – for one – will wait for that!

The pricing will be different – you will need to work that out with a customer service person, although you can go online and review the available packages at any time.

Your email address will change from [joeblow@powergate.ca](mailto:joeblow@powergate.ca) to [joeblow@rogers.com](mailto:joeblow@rogers.com). I have been told you will have 90 days grace on this to make sure all of your contacts are notified. I believe Rogers will forward your Powergate emails to the new Rogers address until then.

What you can do to make this change a bit smoother is to start notifying your contacts right now.

First you should have a list of all of your contacts. You can print that or export it to a file – whichever you are most comfortable with.

You should consider creating a new email address that is not linked to your service provider like Powergate and Sympatico are. You can try Hotmail, Gmail or Yahoo for example. Create your new account, ie: [joeblow@gmail.com](mailto:joeblow@gmail.com) and each time you get an email from someone you want to remain in contact with – send them a notice that your email address is changing. You will probably want to create a form letter that you will send to everyone. You may also want to keep a list of everyone that you have notified. Please don't assume that you can change [kenglish@powergate.ca](mailto:kenglish@powergate.ca) to [kenglish@rogers.com](mailto:kenglish@rogers.com). It is probably already taken by someone else.

The good thing about all of this – those spammers and crappy advertisers will have to look hard to find you again!

Please don't forget that although you won't have Microsoft, Apple, Google or any other software providers set up as a contact – you may need to update some settings. I know I will have to change my Outlook settings for my email to use the new account.

Have fun and stay safe.





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## EXPERIENCE THE HOSPITALITY OF GANDER, NEWFOUNDLAND

In the immediate aftermath of the September 11<sup>th</sup> attacks, the people of Gander welcomed 6700 people into their homes and bent over backwards to accommodate their unexpected guests. In 2016—to thank the town for its role in helping thousands of temporary transients in the wake of the attacks—New Yorkers gifted Gander with a piece of steel from the World Trade Center's south tower. The story of Gander and its people also made its way to Broadway with the smash hit musical *Come From Away*.

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The Chronicle - Fall 2020



Page - 8 -





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## THROUGH A CHILD'S EYES

Martha Simmons

To see the world through a child's eyes can always put a smile on your face.

### THE FAIRY GARDEN IN THE FOREST

Shh .... we can't tell anyone ... there is a delightful fairy garden in the forest near some of our Canterbury homes. It isn't exactly a secret but can only be discovered by chance.

I heard a rumour about this fairy garden and was lucky enough to get a tour of it one day. It is in a secret location in a small forest. To leave the hot sun and enter it through a narrow pathway you immediately feel the coolness of the shade and take in that lovely forest smell. Then you start to get a glimpse of all the fairy garden features. If you bend down really low, you can take in the full effect of this garden.... the little wooden doorway into the base of a tree, the small hobbit-like house, small creatures all around the garden ... and then you look up to see the colourful birdhouses and birds in the overhanging branches. It truly is magical.



So.... who do we have to thank for this wonderful little fairy garden? Avery and her grandmother created this garden last fall and since then it has grown and grown. Not only has Avery added to it, many others, lucky enough to come upon it by chance have also brought additions.

### THE ROCK SNAKE

For those of you who walk along the waterfront nature trail, you will have seen the Rock Snake along the path, behind Flieler's Gas Station. It started out small and has grown to quite a length through the summer. The inscription on the rock (by the head of the snake) says -

"I'm just a little rock snake, here to make you smile.  
Take a rock, paint it and add it to my body to help me grow a mile."

Those of us walking by it on a regular basis have seen the gradual growth and stopped to admire each new rock added. All these small rocks with their creative designs and vibrant colours are guaranteed to put a smile on your face.



We have included a few photos of the fairy garden and rock snake. To see them more clearly and in full colour look at this issue on the CCRA website. ([www.canterburycommon.ca](http://www.canterburycommon.ca)).



What's more natural than breathing when you have a healthy pair of lungs? Except when it's not. Fear, anxiety, depression and a plain 'ol case of "nerves" as our mothers and grandmothers used to call them can affect your breathing patterns. Since COVID-19 has disrupted every part of our lives, it should come as no surprise that the way we breathe can become different too.

When I was in yoga school the instructors had us lie on the floor with one hand on our lower belly and the other on our upper chest. The idea was to track the breath. As you inhale through your nose, your diaphragm contracts and descends lower into your abdomen causing your belly to bulge; and your lungs – which sit on top of and cling to the diaphragm – lengthen and expand, allowing in more air. As you exhale through your nose, the lungs and diaphragm collapse oh so gracefully. You can try this by laying down on your bed or couch.

What you want to avoid is that fast, shallow, upper-chest breathing. It's a sign of "nerves." Here are a few techniques that you can practice in the privacy of your own home.

### Alternate-Nostril Breathing

The "yoga" way of practicing this technique is a lot fancier than what I'm going to give you here; but both ways will get the job done. Alternate-nostril breathing is the **number one** way to slow your breathing and feel calm again.

- Sit tall in a hard-backed chair
- Close off your left nostril with the tip of your right index finger
- Inhale slowly and deeply through your right nostril
- Close off your right nostril with your right thumb
- Lift the index finger off your left nostril and exhale slowly
- Inhale through your left nostril
- Close it with your index finger, lift your thumb off your right nostril and exhale
- Inhale with your right nostril again and repeat the sequence for as long as you like (10 times being the "least" you should do)

### Cooling Breath

In Sanskrit this is known as the Sitale Breath. If you're hot on the collar or vibrating with nerves, try this at least five to 10 times.

- Curl your tongue and purse your lips in a little O
- I know, I know, not everyone can curl their tongue
- If you cannot curl your tongue, just stick it slightly outside your mouth
- Inhale slowly over your curled or uncurled tongue
- Pull your tongue in, close your mouth and exhale slowly through your nose

### The Breath of Joy

**(do NOT try this technique if you have trouble balancing or have lower back issues)**

The only reason I can think of why this technique is called the Breath of Joy is because you might end up laughing your guts out by the third round. It's silly and fun, loud and healing. You'll look like a mad conductor. At the very least it'll take your mind off of the coronavirus for awhile and give you a chuckle.

- Stand straight with your feet hip-width apart and your arms hanging loosely by your sides
- Do all of the following movements quickly, without pause
- Fling your arms straight up over you head while taking a short sniff through your nose
- Fling your arms out to the side while take another short sniff
- Fling your arms overhead again while taking the final short sniff
- Bend forward from your waist letting your arms fall toward the floor and let all the breath out with a loud "HA"
- Repeat until you're grinning





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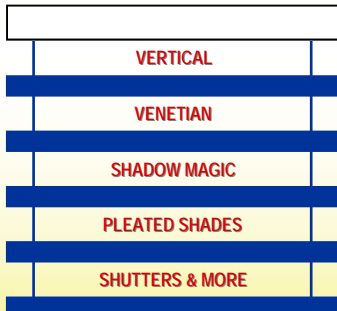
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## HAPPY FALL

Laurette Vachon-Shaw

Happy Fall!



Fall is slowly settling in, bathing our days in rays of sunshine, hope and beauty of the fall. During this time when our horizons are a little more limited, we all become increasingly aware of the important role nature plays in our lives. Fall is my favorite season.

Leaves falling, beautiful sunsets, the cooler breeze on our face ..... This beauty that surrounds us and which perhaps we didn't pay enough attention to before, is now the most spectacular show we're gifted with every day. Let's appreciate it!

Whether we live in the country or the city, creating a connection to nature is an infinite source of peace, serenity and energy. Let's show our gratitude to our precious planet by taking care of ourselves, our loved ones, and the environment. Canterbury residents, let's keep going for walks, it's great for the body and the mind. Happy Fall!

## COVID-19 UPDATE

Murray Smith

- Due to related COVID-19 Janitorial expenses, we will be closing a portion of The Centre. The original dining area where the kitchen is located will be closed until further notice as of Oct 1.
- We can no longer justify the cleaning costs while there is little or no traffic in this area.
- As well we are asking that residents only, or approved service personnel, enter the premises. The sharp increase in COVID numbers has prompted this precaution.
- Thank you for your understanding and cooperation.

## INSTAGRAM

Linda Kaban



It was announced in the last bulletin that Canterbury now has an Instagram account. I've been loading most of the pictures. Nora Senechal shared a lovely pic taken from her back deck. With the fall colours, Thanksgiving and Christmas looming there are going to be a LOT of opportunities for all of us to share photos on Instagram.

Some of you may have an Instagram account and use it. Some may only have Instagram and have no interest in sharing pictures; but enjoy following your favourite movie stars, authors, interests or relatives. I, for example, follow things like National Geographic, NASA, family, friends, anything to do with the sport of CrossFit, the Property Brothers, HGTV, some of my favourite shows like NCIS, Live with Kelly and Ryan, Survivor, Harry Potter, etc.

A few of you may be leery of social media BUT I have made our community Instagram account private. Any of you may request to "follow" **ccrainsta** and I, as the administrator, have the authority to authorize your request. Once your request is approved, all of **ccraintsa's** photos will appear in your feed. I'm also the dragon guarding the gate from random non-Canterburians trying to follow our account.

Here are the instructions for Instagram and non-Instagram users. But first, here are some things to understand:

- You can only upload photos to Instagram from your phone or tablet. Unfortunately you cannot add photos to Instagram from your desktop computer or laptop.
- You can email photos you have taken and are stored in a file on your computer to yourself and then add them



to Instagram using your smart phone or tablet.

- The login and password are both lower case.
- If your user name on Instagram is different than your real name then either email me at [lindaakaban@bell.net](mailto:lindaakaban@bell.net) or phone me at 1-647-230-1332 to let me know who you are. If I don't know you I will delete your request to follow ccrainsta.

**IF YOU ALREADY USE INSTAGRAM AND KNOW HOW TO UPLOAD PHOTOS:**

- Log out of your personal Instagram account
- Sign in to the Canterbury Instagram account
- User name is ccrainsta
- Password is canterbury
- Upload your photos
- In the description either introduce yourself and explain what the photo is about – or make it generally descriptive and don't say who you are
- Log out of ccrainsta and login to your own account again

**IF YOU ALREADY USE INSTAGRAM AND DON'T KNOW HOW TO UPLOAD PHOTOS BUT WANT TO:**

- Log out of your personal Instagram account
- Sign in to the Canterbury Instagram account
- User name is ccrainsta
- Password is canterbury
- Tap on the little, round picture at the bottom far right side of the screen
- When the screen changes, tap on the square with a plus sign inside it. It's right in the middle at the bottom of your screen.
- When the screen changes, tap on the round icon with layered squares inside it to the far right and middle of your screen.
- Your gallery of pictures will be available for you to choose from. You can tap on each picture you want to upload; even the order you want them in.
- Tap the word Next at the far right at the top of your screen.
- Tap Next again.
- Tap on the section at the top of the screen that says, "Write a caption."
- Type your description.
- Tap on the word Share at the top right of the screen.

**IF YOU DON'T USE INSTAGRAM BUT WANT TO SEE THE CANTERBURY PICTURES:**

- Type Instagram into the search bar of your browser.
- Click on Instagram and when it opens, click on Sign Up.
- Use your own name or use a fake name (see above for instructions to do with fake names).
- Create a password.
- When Instagram opens click on its search bar and type in ccrainsta.
- When you see ccrainsta click on it.
- Click Follow.
- If you don't want random, sketchy people wanting to follow you, go into your Settings and then go into the Privacy and Security section and make your account private.

Easy peasy :)



## **BEHIND THE CURTAIN**

Did you ever wonder what was behind those fences with the privacy screens? With so many areas in our neighbourhood under construction (or awaiting construction crews to begin) we have many such areas. We know the screens are important in keeping the construction dust from flying around the neighbourhood but still..... don't you want to pull back the screen so you can see what is going on? One of our neighbours has a great view of what is happening on the former 7<sup>th</sup> hole area. What do you think?







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**CLOSING YOUR GARDEN FOR THE SEASON**



It's hard to believe that summer is over and we have winter staring us in the face. If you have not attended to your garden yet, you still have time. One of the most important things to do for your garden is to make sure that you remove all rotting and finished plants. Not only do these plants look nasty, but they can become a home for fungus and pests you don't want in your garden next year. Another task you can complete now is to condition the soil. Many people only do this in the spring, but adding peat moss and manure to the soil now is an excellent way to help along any fall bulbs you would like to plant. Tulip, hyacinth, crocus and snowdrop are all spring-flowering plants whose bulbs will need to be planted in the fall. In Ontario we can plant bulbs successfully from September through December. Finally, you can cover your garden with a 5 cm layer of mulch to help prevent winter weeds, retain moisture and insulate against severe winter cold and temperature fluctuations. If I haven't answered any questions you may have on closing up the garden there are many sites on the internet that can help. I used [landscapeontario.com](http://landscapeontario.com) to find

most of the information I used here.

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**STOOP & SCOOP**



**REMINDER – Scugog Animal Control BY-Law #85-08**

**Section 9.1** Every Owner of an Animal shall immediately remove and dispose of, in a hygienic manner, all excrement left by the Animal on any property, other than the Animal Owner's or agent's property, within Township of Scugog.



**PLEASE LEASH YOUR DOG - AND PICK UP**

**Section 3.1.3** Every Owner of a Dog or Person having control of

a Dog shall control such Dog on a Leash when this Dog is away from its Household.

**INSTAGRAM CONTEST**



In August, the Communications Committee created a community Instagram account for picture sharing. In hopes of convincing residents to try this platform we are going to have a little contest. Anyone can take part. If you don't wish to share a picture, no problem. You can just go on the site and view the pictures your neighbours have shared. What is the competition? Christmas Trees. So, if you put up a tree take a picture and share it on Instagram. If you don't have a tree but want to participate, just go on Instagram and do some voting. If you like a certain picture, click on (for laptops and desktop computers) or touch the heart ♥ on your phone or tablet. You may vote for as many pictures as you like but remember.... the one with the most votes will win. Look for more information in the December *CCRA Information Bulletin*.



**Snippet – defined as a small and interesting piece of news –  
When writing this submission, I seem to have difficulty with the “small”**

**Battle of the Villages – 1867-68**

During this period, Manchester, Prince Albert and Port Perry were all vying to be top dog. Manchester was the natural grain centre of Northern Ontario with its storage facilities; Prince Albert claimed to be the commercial centre of the area, home to a very successful cheese factory, while Port Perry was the manufacturing centre. I was amazed to read about Manchester of 1867: “ 3 first class stores, 2 hotels, 2 carriage factories, several blacksmiths, 2 boot and shoe factories, 2 tailoring establishments, a tin ware factory and a stove shop, Town Hall, and a “very neat Primitive Methodist Church””.

But the rivalry soon came to an end as Port Perry’s importance rose due to the completion of the Port Whitby - Port Perry railroad. Business men soon left Prince Albert moving to Port Perry, but I wonder where all those enterprises in Manchester went? Of course, once the grain elevator in Port Perry was built in 1873, any hope of Manchester hanging on to its role as grain centre of Northern Ontario was gone. I’m sure we have a sense of pride in our Red Mill knowing it to be Canada’s oldest existing grain elevator. Today we pass through Manchester, hardly giving a thought to its former importance, and most of us never think of Prince Albert other than as a part of Port Perry.

And all the area hotels mentioned in timelines....Royal Canadian Hotel, Thompson’s Hotel, Sinclair’s Hotel, Revere House, St. Charles Hotel, the Mansion House and the Oriental Hotel which was renamed the Sebert House? What ever happened to them?

**Town Hall 1873**

How interesting it was to read about our Town Hall 1873 built at the corner of Queen Street and Lilla Street (now Simcoe). In 1872, a debenture of \$10,000.00 was raised to cover the cost of organizing a fire department, obtaining a fire engine, and building a Town Hall, at the original cost of \$6,000.00. This fine building was to have a bell tower but no clock. Little mention of upgrades for a while; but in July of 1906 F.W. Nott was paid the sum of \$8.50 to paint the outside of the building. Where is his counterpart today?

Most would think a Town Hall would function as a “town hall”, where you go to transact town business, pay taxes, get a marriage license and the like; but that apparently was never the purpose for this building, as it became the site for meetings, concerts, and church services over the years, even serving as a school in 1925 when Port Perry high school and public school burnt to the ground. How amazing it must have been to be in the audience when E. Pauline Johnson came to our Town Hall on one of her cross-Canada spoken words country tours. Did she wear her very famous Indian Princess buckskin costume which she had fashioned to include articles from her Mohawk family, a wampum belt and fur trade brooches as she performed some of her favourite poems... *As Red Men Die*, *A Cry from an Indian Wife* or perhaps *As My Paddle Sings*? And in the second half of her performance did she change into an elegant Victorian-inspired evening gown to show her mixed heritage, her mother having been an English immigrant? Wouldn’t it be grand if we could have been present?

A far cry from the Town Hall’s usual functions took place during the Great Depression when more than 500 transients found food and lodging there. Harder still to envision the Town Hall as a building where women’s undergarments were manufactured; but that was the case in 1951 when H.W. Gossard Co. started operations there. Yes, that was the era of the girdle.

But to focus on the tower for a moment. At one point in time, the tower bells had been rung at special hours 4 times a day; and if rung at any other hour, it signaled “Fire”. In 1951 the tower was removed, having been deemed unsafe. In June of 1975, as part of the then ongoing renovations, a new tower was constructed by Dale Procnier, long-time Canterbury Common resident; and just last year we saw a large crane in town once again removing the bell tower for renovation. No mention as yet as to when our Town Hall 1873 will have its bell tower in place. I wonder if it will house a clock face again? Will it have bells that can be rung? We will have to wait and see.



**Blast from the past!**



**Can you guess who?**  
Answer is on page 35



## **SENIOR HOMEOWNERS' PROPERTY TAX GRANT SCHEME: CRA**

Source: durhamradionews.com

If someone tells you that they can get your parent or grandparent a big tax break by messing around with home ownership rules, be very careful.

That's according to the Canada Revenue Agency (CRA), who say a tax scheme targeting seniors is on the rise.

They say promoters of the scheme, usually tax representatives or preparers, are trying to deceive seniors who live in a family home that is owned by their kids or grandkids.

According to the agency, these promoters will promise to reduce the family's taxes by taking advantage of the Ontario senior homeowners' property tax grant (OSHPTG).

The OSHPTG is an annual payment that is given to eligible low or moderate-income seniors who own their home and pay their own property taxes.

For the scheme to work, the promoters will tell the family to transfer an interest in the shared home to the senior, sometimes without their knowledge.

The promoter will then prepare the income tax and benefit returns for the entire household as one family unit, misrepresenting the actual ownership of the home.

The CRA warns it is illegal for anyone to misrepresent themselves or their family on tax returns.

The OSHPTG is only for seniors who actually own and are financially responsible for their home. Anyone who tells you otherwise is likely trying to pull the wool over your eyes.

The CRA says some of these promoters can be very convincing or pushy and it's important not to get drawn in.

Remember, you may be asked for proof to support any claims you make on your returns.

If you're worried, get a second opinion before filing your returns.

If you know someone who is promoting or participating in an abusive tax scheme like this one, you can [report it online](#) or by calling the CRA at 1-866-809-6841.



EARLY MORNING ON LAKE SCUGO G SEPTEMBER 2020

by Marg Doe



## Using a Virtual Platform

During the pandemic, we all had to make changes to our lives. I am sure it took us a long time to adapt to the new world that we currently live in. Snowbirds and winter travelers had to self-quarantine for 2 weeks. Have someone else pick up their groceries. No visiting family and friends during the 1<sup>st</sup> stage of the pandemic and finding a few good masks to wear when going out when your quarantine was over.

We have come a long way since March. Now we're able to get out and about a little bit more easily as long as we wear a mask indoors and comply with all the rules set out by our government to try and keep us safe. To keep in touch with our loved ones while we cannot see them even now, you may be using what we call a **virtual platform**. Some popular virtual platforms include Google Hangouts, Google Classroom for teaching and even Facebook has a virtual platform now. And there are others out there that I haven't even heard of.

The most common one that I know of is Zoom. This platform was originally meant for meetings for businesses with team members in multiple locations; but is also great for keeping in touch with family and friends. I know many people using it now; I wish I had known about it before.

I am not sure what everyone knows about Zoom, but since we may be facing a second wave, here is some useful information on how to host a Zoom meeting; safe from hackers and Zoombombers, (yes that is a real term)

What is a Zoombomber? It is a person who joins in and crashes on your Zoom meeting! After doing much research online I found out that this can be avoided. Here are five steps to set up your meeting help you avoid that:

### **Disable Guest screen sharing when hosting your meeting.**

This will not stop an uninvited guest from joining your meeting; but it will stop them from sharing inappropriate materials.

### **Make sure the "Join Before Host" setting is turned off.**

It is best to turn this feature off so that no one can join your meeting ahead of you, the host. This way you will be assured that no one can begin your meeting without you including hackers or Zoombombers.

### **Be sure to turn off "Personal Meeting ID" when scheduling a meeting.**

Turn this feature off as well and do not share your personal meeting ID on social media. It is easy for anyone to find it and join a meeting you are hosting. By doing this you will be keeping uninvited guests away as well by not having anyone hop on the meeting early.

### **Use a password.**

If you do use your personal meeting ID, Zoom allows you to create a password. Be careful to not share it on social media such as Facebook, Instagram or any other sites. Only share it with those who want you to attend your meeting.

### **Enable the waiting room feature.**

Using this feature is probably the best way for you to know who you are allowing into your meeting. You know the guests that you have invited. This feature allows them to wait until you are ready to put them on the call and you will see who they are before you connect them. They will not be participating in the call until you manually admit them into the meeting.

[www.basketeers.org](http://www.basketeers.org)

## Basketeers

Barb Willis 985-5551

Marilyn Stafford 985-6610

Pat Corlett 985-4966



At this time we are waiting for guidance from the Basketeers Charity Group. They have asked us to stop shopping until a decision can be made on a safe way to help their clients. We suspect that gift cards from stores such as Walmart or Canadian Tire will be the type of support they request this year.





*We are all in this Together.* Truer words seldom spoken. During the last few months, joint efforts in the fight against COVID have made us all Port Perry Proud.

Generous support of many donors has meant the Port Perry Hospital Foundation has been able to say yes when the hospital needed our help. We've funded safety measures that keep patients and staff safe; from hand sanitizer to vinyl, easily cleanable partitions between patients. As well, meals, refreshments and personal care items that fueled our front lines when it was needed most. Thank you to all who supported our frontline heroes.

Beyond our hospital doors, a temporary COVID-19 assessment and testing centre opened August 4th at the Prince Albert Hall, providing a closer-to-home option for residents in Scugog, Uxbridge and Brock. It is staffed by our friends at the Medical Associates of Port Perry and Uxbridge Health Centre. Learn more at [www.northdurhamcovid.com](http://www.northdurhamcovid.com)

In Canterbury Common, I hear the beautiful new community centre is open and that solid social distancing measures are in place. In addition, that neighbours have been checking in with neighbours during these challenging times, social distancing while helping with shopping and more. Conscientious efforts like these are why Scugog continues to see such low COVID rates.

As I write this, significant measures remain in place to keep patients and staff safe at the Hospital while care for patients begins to return to a new normal. Our surgical program has begun ramping back up to near full capacity. The team is no longer performing *only* emergency surgery as was necessary during the most challenging days of COVID-19. Visitors are also carefully being allowed back into the hospital.

Auxiliary President, Ruth Spearing, told me that the Auxiliary to Port Perry Hospital's wonderful resale shop, Camille's Closet, is on track to open Thursday through Saturday in its new home in the Food Basics plaza beginning October; with solid safety measures in place.

As a community, we have done well, but there remains real concern about a second wave of COVID-19. We must continue to act safely, wearing our masks, washing and sanitizing hands, limiting our interactions and avoiding others if we feel at all unwell. Keep up the good work.

You can visit Lakeridge Health's website for the latest information about COVID-19 and Port Perry Hospital at [www.lh.ca](http://www.lh.ca). If you'd like to speak with me, please feel free to email me at [ragnoluzzi@lh.ca](mailto:ragnoluzzi@lh.ca) or call the Foundation office at 905-985-7321 Ext. 45580.

Stay well,

## **SMILE OF THE DAY**

David McBride

### **THE PHYSICAL**

Morris, an 82-year-old man, went to the doctor to get a physical. A few days later, the doctor saw Morris walking down the street with a gorgeous young woman on his arm. A short time later, the doctor spoke to Morris and said, "You're really doing great aren't you?" Morris replied, "Just doing what you said, Doc: "Get a hot mamma and be cheerful." The doctor said, "I didn't say that. . . I said, "You've got a heart murmur, be careful."





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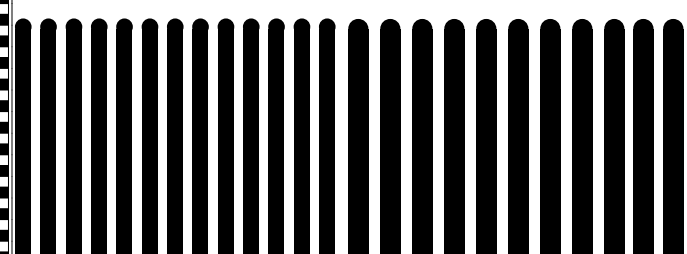
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Since the COVID-19 virus came to Canada in mid-March life has changed for everyone. We have spent a lot of time watching the news to see what is going on. The news has been very depressing – with discussions on pandemic this and self-isolate that. At the start of it all I spent a lot of time listening to the news, but lately I have been trying to avoid spending too much time in front of the television. So, when my hubby had the TV on the other day, I was

not paying much attention but, I heard someone say Earth Overshoot Day. I was curious – what is the Earth Overshoot Day (EOD) and why were they talking about it? By that time I had missed the story so, I looked it up: The [Earth Overshoot Day](#) organization says that this event occurs when “humanity’s demand for ecological resources and services in a given year exceeds what the Earth can regenerate in that year.” In 2019 this date was met on July 19<sup>th</sup>; this year’s EOD was reached on August 22<sup>nd</sup>. Why the difference? It seems that when the world took a break from business as usual in April, one good result was the fact that the “overshoot” day happened later than it did last year. It typically comes sooner each year as globalization and consumption trends increase, the last time EOD occurred after August 22 was in 2005 on August 25.

While it is nice that the temporary reductions in greenhouse gas emissions helped us reach the EOD a month later this year, we must be cautious. COVID-19 restrictions changed human behaviour as opposed to intentional environmental action. Even if the pandemic lasts through 2021, this study found that the decline in emissions will not have a lasting effect on climate change unless “green” policy measures were incorporated into national economic recovery packages.

The fact remains, humans have been consuming more natural resources than the earth can replenish since the end of August. If we continue in this vein, we will definitely deplete our planet of natural resources. So, what can we do? Many people feel that “I’m just one person my little bit won’t make a difference”. Well, while that is a little bit true there are things we can do. We can plant trees; trees help clean the air and they look lovely.

Another way to help would be to reduce our carbon footprint. Personal mobility makes up 17% of humanity’s carbon footprint. Using a carpool or public transit for shopping or driving to work is one solution we used to go to for reducing the transportation portion of our carbon footprint. This becomes a bit tricky with the limitations of the COVID-19 virus. Most people do not want to use public transit at this time. We can still shop with the people who are in our “bubble” but this is very limiting. One good solution here is to shop for a neighbour. If you take turns going to the store for each other not only do you reduce the number of cars on the road you spend less time out in the community – we may all be looking to do this soon as the second wave approaches.

The last idea I will look at for reducing the use of Earth’s resources is the food we eat. There are many things to look at when it comes to food but what it all boils down to is that food production and distribution are great drains on our planet. Sourcing food locally and avoiding highly processed foods can lower the Ecological Footprint. Here in Port Perry we are very lucky. There are many farms and retailers who sell locally sourced (many times from their own farm) meat, fruit, vegetables and even prepared foods which are frozen. These frozen foods are often prepared without much processing and very few preservatives.

There are many other things we can do to help the health of our planet. I got many of the ideas for this article from the Earth Overshoot Day Organization but, they are not alone in their desire to help the planet. There are many sources on the internet. If we all looked one up and did one thing to help, think of what we could accomplish.



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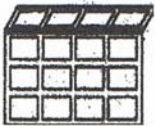
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# Canterbury Common Residents' Association



Photo: Marg Jackson

## In Memoriam

Ron Harvey	August 9
Jim Birgeneau	August 18
Ron Zamulinski	August 19
Ron Rout	August 21

## Board of Directors 2020 - 2021

<b>President</b>	Jim Brady	<b>Finance</b>	Lee Maher
<b>Vice-President</b>	John Brewer	<b>Governance</b>	John Brewer
<b>Secretary</b>	Marilee Egan	<b>House &amp; Property</b>	Dave Sparling
<b>Treasurer</b>	Lee Maher	<b>Municipal Affairs</b>	Dorothy Bull
<b>Administration</b>	Murray Smith	<b>Social</b>	Ken Gadsden
<b>Communications</b>	Nora Senechal		

## Committee Chairs 2020 - 2021

<b>Administration</b>	Murray Smith	<b>House &amp; Property</b>	Dave Sparling
<b>Communications</b>	Nora Senechal	<b>Municipal Affairs</b>	Dorothy Bull
<b>Finance</b>	Lee Maher	<b>Social</b>	Ken Gadsden
<b>Governance</b>	Gord Simmons		

## The Chronicle Team for the Fall Issue

<b>Chair / Board Liaison</b>	Nora Senechal	<b>Features</b>	Dave McBride
<b>Editor</b>	Linda Kaban		Frances Hurst
<b>Secretary</b>	Ann Miles		Ann Miles
<b>Submissions Coordinator</b>	Frances Hurst	<b>Photo Coordinator</b>	Margaret Jackson
<b>Advertising</b>	Nora Senechal	<b>Proofing</b>	Alice Lynch
	Wendy Lang		Ann Miles
<b>Layout / Preparation</b>	Wendy Lang		Frances Hurst
<b>Vice Chair / Webmaster</b>	Karen English	<b>Delivery</b>	MaryLou & Jim Burnett

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The Chronicle - Fall 2020

